



Tyler Hunter is Lincoln's fastest rising star.

Don't Be Cruel, Attend the Free WNA Annual Meeting

Membership not required to attend this event.

Tyler Hunter, Elvis Tribute Artist To Entertain November 4th

If you attend no other WNA meeting this year, November 4th is the one to attend. Prepare to be entertained by The King at this year's Annual Meeting!

From an early age Tyler Hunter was a huge Elvis fan. At age 13 he attended his first Elvis tribute show and soon began performing on stage. Hunter has spent hours watching The King's live performances and documentaries, absorbing his mannerisms and vocal nuances. Hunter has performed at wedding receptions, nursing homes, benefits and other events. This past year he participated in more than 150 shows. Hunter recently placed 4th in the 2010 Branson, Mo. Ultimate Elvis competition.

In honor of The King, we'll be serving a FREE fried (and baked) chicken meal. Please arrive by 6:30 p.m. to enjoy your down-home dinner, then sit back and relax while Tyler Hunter brings Elvis back into the building. There will also be a drawing for several gift certificates from Best Buy.

During dinner we will conduct a regular business meeting. New board members will be elected, after a vote of WNA members.

Please join us for some free food and fun entertainment. Learn a little more about your neighborhood association and get involved. Uh huh.

Annual Meeting

Thursday, November 4th

At Tabitha Lifequest Center 48th and J.

6:30 p.m. FREE fried chicken dinner

7:00 p.m. Business meeting, board members elected and door prizes awarded

7:30 p.m. FREE Elvis tribute performer

RSVP Please

To help us plan for enough food and drinks, please RSVP your attendance to this event at (402) 617-6024 or dorbaroy@hotmail.com, or RSVP at our Facebook event page www.facebook.com/witherbeena.

Help WNA Save \$\$

Members can renew for 2011 by clipping the coupon on page 20 and bringing to annual meeting to save postage and mailing expenses of renewal letters.

Thank you for your support.

About Your Witherbee Neighborhood Association

Boundaries:

33rd to 56th &
'O' to Randolph Streets

Meetings:

7:00 p.m. first Thursday of each
month at Tabitha Lifequest Center,
48th and J.

www.WitherbeeNA.org

Executive Board:

Rick Bagby, President
488-8567
witherbeerick@gmail.com

Bryan (Bo) Dowling, Vice President
499-2533, bodow57@yahoo.com

Cheryl Hejl, Secretary
489-2557, chejl380@yahoo.com

Shawn Gordin, Treasurer
326-2563, sgordin2@yahoo.com

Curtis Wood, Past President
817-3809, cwood57@neb.rr.com

Additional Board Members:

Jason Brummels 730-5855
jason@drivemethod.com

Nancy Holman 488-6847
nholman@neb.rr.com

Mary Kay Kreikemeir 477-9194
mkk@windstream.net

Tony Marquez 435-3009
netonym@windstream.net
tmarquez@tmcoinc.com

Mary Schwab 440-4131
ohair42@aol.com

Laura Wiese 617-6024
dorbaroy@hotmail.com

Communication Director:

Laura Wiese 617-6024
dorbaroy@hotmail.com

Newsletter:

Larry Frisch 486-9380
larry@npcenter.com

Web Development:

Fred Freytag 430-6658
fred@WitherbeeNA.org

President's Message



Rick Bagby

As we prepare for our Annual Meeting to celebrate the activities of the past year I wish to thank our officers, board members and volunteers who made this another successful year. To all who helped or participated in any way, thank you. Several officers and board members are rotating off the board. Curtis and Dee Wood moved back to Texas to pursue employment opportunities there. Board members Bo Dowling, Nancy Holman, Mike Jahnke, and Mary Kay Kreikemeir will not be continuing on the board. Completed terms, other interests, busy lives, etc come into play. Good neighbors all. Thank you all for your time and talents. Many more joined us throughout the year.

Since I last wrote, our big projects were the Neighborhood Swim & Ice Cream Social and construction beginning in Witherbee Park.

A big thank you goes out to all who helped with the Neighborhood Swim & Ice Cream Social event. Super Saver and Woods Pool staff were great partners with us again. The availability of the Woods Tennis Center and sidewalk chalk art were fantastic additions. Bo Dowling led the event for us. Thank you Bo.

Witherbee Park at 46th & O is no longer a forgotten patch of weeds. Trees went in earlier, and now we have a playground, fence, berm and water service. The park has been beautifully landscaped and mulched. Benches and a trash can are planned to be installed by the time you read this. A big thank you to Fred Freytag, Steve Schwab, Lincoln Cares, Modern Woodmen of America, TMO, fence installed by AFL Fence, \$500-600 worth of mulch donated by Hofeling Enterprises, FM Lawncare, the students and staff of Bryan Community school, and all of you who donated time and money to the project.

Next up for 2010 Holiday Lighting Contest. For 2011welcome Bryan Community school students into the Hawthorne building and? What we take on will be decided by the members. Join us. You just might like it.



All WNA presidents attended a board seminar this year. Left to right Fred Freytag, Mike Fitzgerald, Rick Bagby, Curtis Wood, and Steve Schwab.

December Meeting

With the holiday season upon us the question of which wines to serve may be on your mind. Spend the evening of December 2nd with Lincoln's resident wine expert Mark McDonald and have all your wine questions answered.



Mark McDoanld

Mark and wife Kim own The Italian Vine: Wine Distributors, a wholesale wine distributorship focused on Italian wines. Mark also writes a column in the Lincoln Journal Star and shares his skill at selecting quality wines and pairing them with appropriate foods.

Mark is a graduate of the University of Nebraska and a 20 year veteran of the United States Navy where he reached the rank of commander, serving as a Public Relations Officer. His last tour of duty was in Italy, where he and Kim developed a passion for Italian wines. They spent a significant amount of their free time visiting wineries, getting to know wine producers and learning about the wide variety of wines produced throughout Italy.

Mark and Kim opened The Italian Vine: Wine Distributors in 2007. They are the only Lincoln-based wine distributorship in the state and their clients include most of the retail wine merchants in Lincoln and Omaha and many fine-dining establishments.

January Meeting

Ever wonder what those two things are that look like a cross between an igloo and a bubble at Woods Park south of 33rd and O Street?



Kevin Heim

Kevin Heim, the Manager of Woods Tennis Center is going to share what they have been doing in both the neighborhood and the community in 2010 and also give us a peek at his vision for 2011 and beyond. Find out about what Woods Tennis Center has to offer and the programs available for adults and children alike.

Nominees for WNA Board

By the Nominations Committee

Board members are elected for two-year terms with a maximum of two terms. This process is used to promote new member involvement, fresh ideas, and to avoid overworking a few members. When everyone does a little, no one has to do a lot.

The Nominations Committee has recommended the following volunteers to serve as officers of the WNA Board for one-year: President – Rick Bagby (re-elect); Vice President – Laura Wiese; Secretary – Cheryl Hejl (re-elect); Treasurer – Shawn Gordon (re-elect and also re-elect as a director for a second two-year term).

Recommendations for other directors for two-year terms are: Jason Brummels (re-elect); Kathy Stastny and Jackie Varicak. In addition, Fred Freytag is being recommended to serve one year to fulfill the term of Bryan (Bo) Dowling who is resigning for employment priority reasons.

Pictures and short bios of nominees who have not been published previously can be found throughout this issue of the Buzz. Elections will be held as part of the Annual Membership meeting on Nov. 4 (see details about plans for the annual meeting on page 1.)

Please let your board know what you think:

Here's an easy opportunity for you to give your neighborhood association Board some input. Just complete one or more of the sentences below and email your thoughts to info@witherbeena.org or mail them to Rick Bagby, 389 S. 47th, Lincoln, NE 68510.

I wish the WNA Board would _____

Or, Has the WNA Board ever thought about _____

Or, I think it would be cool if our neighborhood association could _____

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Many containers are used in back yard.



Hostas and ferns provide front yard color all season.

July Yard of the Month Captured by Tim and Cindy Werner

By Amy Grieving

Except for the stately shade trees, Tim and Cindy Werner of 3785 H Street started from scratch with their yard when they moved in 17 years ago. Tim and Cindy did a lot of hardscaping, including a new welcoming walkway to the front door. Tim also built a small paver walk by the curb giving visitors an aesthetically pleasing and practical place to exit their cars.

Before planting, Tim and Cindy tested their soil's nutrient's levels. Tim is an avid gardener and knows it's much easier to amend soil before planting. They lightly incorporated a thin layer of manure and topsoil before planting their perennials.

The Werner's front yard plantings of Hostas and Ferns create a cool, shady oasis. Tim also added some different cultivars of Heucheras, Astilbe and Brunnera. These perennials have interesting foliage and attractive blooms. Since Tim and Cindy were planting around mature trees, they were careful not to disturb shallow tree roots.

It's in the backyard that Cindy's love of flowers and flair for design becomes apparent. Her beautifully planted patio pots are a riot of color spring to late fall. Utilizing a mix of coleus, dahlias, rex begonias, ornamental grasses, dusty miller and other striking annual and perennial flow-

ers, her pots make for a colorful transition from summer to fall.

In their backyard, Tim and Cindy have highlighted some of their favorite specimen plants, such as a Weeping White Spruce, in their border beds. They kept their shrub and flower borders on the narrow side and the grassy area large so their four children could have plenty of room to play as they were growing up. With the youngest now 13, these borders may be claiming more plants and space.

Author's Note: Studies have shown many trees have much of their feeder or surface roots within the top 2-3 inches of the soil. Do as the Werners did and use only a thin layer of topsoil or aged manure/compost (1-1/2") followed by a layer of mulch (1" if working with perennial and annual flowers). Trees not only need moisture and nutrients, they also need oxygen. Placing extra soil or too much mulch on a tree's root zone can cause stress to the tree and even death. Take care not to damage the roots of the tree when planting. When planting under mature trees, start with small plants that require a small planting hole. If you encounter a tree root while digging, don't cut the root. Instead, move the plant to another root-free area. Remember, a stressed tree is more susceptible to diseases and insects.

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Friends,
 It has been a pleasure to serve you in the Nebraska State Legislature for the last four years. I have worked to create jobs, lower taxes, and maintain an honest and open government. As always, I appreciate your input and look forward to hearing from you. I look forward to serving the 28th District for another 4 years. **I hope I can count on you to vote Avery for Legislature.**

Sincerely,

 Senator Bill Avery

Please visit my website at AveryForLegislature.com to give me your thoughts.

UNUS MULTORUM

By Laura Wiese

Ok, I'll admit it. Until a couple months ago I was a closet political-engagement cynic.

Sure, I believed in the importance of getting involved. I bought into the concept of 'the average person can make a difference'. I student-taught high school civics classes where I urged young minds to buy into this concept too. I've been a registered voter ever since I worked the voter drive during my own high school years, and I've voted in just about every election (even the boring local ones) since then. I even joined my neighborhood association in hopes of teaching my own son these values.

But a part of me was always skeptical.

There seem to be so many forces working against these ideals – special interests groups with deep pockets, the inertia of the status quo, the demands of my own life, and on and on.

I'm a true believer now.

This summer I was involved with a movement to restore the proposed cut in funding for the City Forestry Department. And I can tell you now, without a doubt of cynicism, that a few people really can make a difference.

Within days of learning of the proposed budget cuts and their potential impact on our city a small group of committed individuals launched an aggressive grass-roots campaign. This movement prompted numerous letters to the editor, newspaper articles and TV coverage, countless calls and emails to City Councilmembers and the Mayor's office, and a well-attended rally.

I was blown away when I read how the Mayor adjusted his proposed budget based on the outpouring of public opinion. I was proud to participate in the packed public hearing on the budget. And I felt vindication upon learning the Council voted to restore the funding for the Forestry Department.

While the ultimate outcome that followed was probably not exactly what the group Save Lincoln's Trees had envisioned, we most certainly affected positive change. Now I'm hooked, practically addicted, to participating in issues I feel are important.

If you are a cynic like I was I urge you, with all sincerity, to get involved in matters you feel are important. I believe you won't be disappointed. Your neighborhood association is a great place to start.

Author's Note: I've been wrestling with a name for my column since the last issue of the Buzz. I've finally settled on unus multorum, which is Latin for 'one of many', or 'an average person', which is simply what I am. (I think the Latin classes it up a bit.)

2010 Holiday Lights Contest

By Karen Vogeley

During the last months of this year, if you decorate the outside of your home, you might win a prize on the week-end of December 18th. Home decorations will be judged on their beauty and originality, not necessarily on the cost invested or on the amount of decorations you have.

To be eligible for the Witherbee Lights Contest, your home must be within the boundaries of our neighborhood which is 33rd to 56th streets and O to Randolph streets. Everyone is invited to participate. If you are interested in winning, make sure your lights, music or whatever you want to do are up and running during the evenings of December 4th-18th because several people will be taking pictures of decorated homes. The final judging for prizes will begin at 5:00 p.m. on the evening of December 18th. The top winner will receive a yard sign. All winners will receive free gifts for coffee and possibly some gift cards from retail stores.

Pictures of holiday decorative homes will be in the newsletter, on our website and also on our Facebook page. Join us for a fun contest during the holiday season!

You can nominate any neighbor's home or your own by calling Karen Vogeley at 435-6022 or email karena_ne@yahoo.com. Please leave your name, the address of the nominee and a phone number in case we need to contact you. If you are interested in participating as a judge, please contact Karen by the end of November.

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Witherbee Neighbors Enjoy Food and Fun at



Over 500 neighbors and friends gathered.

Touting last year's Swim/Ice Cream Social as the largest neighborhood event of the year, this year neighbors came out in "waves" to enjoy the beautiful, warm weather, the cool water of Woods Pool and of course refreshing ice cream. The night saw 420 Witherbee neighbors of all ages, a new attendance record, take a free dip in Woods Pool and play in the "sprayground" water park.

Squeals of laughter from the water area were an ever present sound as other neighbors lined up in front of the Tennis Center clubhouse for scoops of ice cream and plenty of toppings courtesy of our friends at SuperSaver.

SuperSaver, who donated all the ice cream, plates, spoons, condiments, and several cases of bottled water, is a regular advertiser and supporter of the Witherbee Buzz, as well as contributes to WNA in other ways throughout the year. We appreciate their support and look forward to an on-going positive relationship, thank you SuperSaver!

Almost 500 bowls of ice cream found their way into

the hungry hands of neighbors and honored guests alike. Mayor Chris Beutler and his wife Judy enjoyed the cool refreshments under an umbrella-topped table as they watched more than 40 adults and children enjoy free tennis lessons from the Woods Park Tennis pros – a new feature of the event. An occasional ball found its way over the fence but even more found their way over the net to the delight of participants. Five neighbors have since signed up for on-going lessons at the Center.

Another new addition to the festivities was the children's Sidewalk Chalk Drawing Contest which attracted 42 up-and-coming young artists, showing off their talents. Each drawing of summer was rewarded with a prize.

The sights, sounds and smells of summer have never been more evident than on that warm July night. Neighbors were able to catch up with old friends, as well as make some new ones. Thanks to all who joined us and made this another Witherbee Neighborhood success!



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From Bridget's List:

Radiolab

By Bridget Fitzgerald

I am addicted to National Public Radio in all forms, but especially podcasts. I owe a lot of what I know to these recordings of NPR shows that I can download and listen to whenever I choose on my iPod or computer. I subscribed to their free updates and every week I receive new episodes of wonderful programs – This American Life, The Moth, Being, Wait, Wait Don't Tell Me, or Radiolab. They appear like little presents on my computer desktop.

Today, I would like to tell you about my latest favorite, Radiolab. It appeals to people of all ages and is produced by public radio station WNYC of New York City. With every bimonthly, hour-long podcast they explore one big idea through science, philosophy, and great sound effects. I am always thrilled by the topics they select.

Can you remember your favorite science teacher? The one who would just take an idea and run with it. The hosts of Radiolab, Jad Abumrad and Robert Krulwich, do just that.

Take the episode called Musical Language; it explores the line between music and language. They start by talking to a music psychologist from the University of California, San Diego, about her study with speakers of tone languages, such as Chinese, and the occurrence of persons with perfect pitch, which is very important in music performance.

Tone languages are languages where saying a word at one pitch means one thing and said at another pitch gives it a different meaning. A much greater percent of tonal language speakers have perfect pitch than non-tonal language speakers. This is something they have learned as babies. Meaning, perfect musical pitch is a feature available to anyone if they are learning it from the ages of zero to six months.

Got you thinking yet? In the same program, Radiolab explored why we aesthetically appreciate some music and not others. Turns out it's all about brain chemistry and how a specific gang of neurons in your brain is in charge of finding patterns in music. Who knew that words like dopamine or pre-frontal cortex could get me so excited?

Other topics creatively explored and explained include memory and forgetting, the limits of the body and mind, the nature of numbers and their effect on our lives, the gene that determines when you die, and the placebo effect. These are just a few of the hundreds of questions that are picked apart then summarized for us. There are experts from around the world, deep conversations, neuroscience galore, and sound effects that complete your very own world of discovery. To hear a sample, tune in to NPR Station KIOS in Omaha (91.5 FM) or find Radiolab on the internet at www.radiolab.org.



Bill Plock and Ferne Johnston have unexpected chat.

Ice Cream Social Brings Together Neighbors, Unknown Family

Witherbee resident Ferne Johnston has lived in the neighborhood for 59 years. But she never expected to meet an unknown cousin at a Witherbee event.

It had been a couple years since Johnston and her husband, both in their eighties, attended the Witherbee Ice Cream Social. Whether it was fate or coincidence, the Johnstons decided to come down to the neighborhood event this year. They settled down, ice cream in hand, in their chairs next to the Tennis Center entrance.

Looking to strike up a conversation, Johnston turned to a stranger next to her and asked, "where about in the neighborhood do you live?" Johnston was surprised to hear the man, Bill Plock, hailed from near York, Neb. He was in town visiting a friend who lived in the Witherbee neighborhood. What ensued next is a process most Nebraskans are very familiar with – searching for who you might know in common.

After a couple false starts Plock mentioned a cousin who turned out to be Johnston's cousin as well, what a small world. "We had a real good visit," Johnston said.

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Witherbee Gardener's Corner

By Roberta Sandhorst

Clean up time!

There is nothing quite as satisfying as the sight of a garden all tidied up in fall. Here are just a few tips to help get your garden ready for winter:



- Cut back perennial foliage after a killing freeze; compost or use in your lasagna garden (see below).
- Rake up and remove leaves from your lawn, compost or shred.
- Transplant deciduous trees and shrubs after leaves have fallen.
- Mound soil or compost around roses for winter protection.
- Plant spring-flowering bulbs such as tulips and daffodils.
- Root cuttings from annual bedding plants such as begonias, coleus, geraniums and impatiens for overwintering in a sunny window.
- Mulch all perennial flower garden beds after several hard frosts.
- Clean and oil garden tools before storing for winter.
- Drain gasoline from your mower and sharpen blades.

Start a Lasagna Garden

If you have a spot in your yard that you would like to turn into a garden plot or flower bed, there's no easier way to do it than by lasagna gardening. Lasagna gardening is a no-dig, no-till gardening method that results in a nice, rich soil with very little work. The name comes from the method of layering organic materials.

Simply choose the spot you would like to amend, then use your yard and kitchen waste and compost it right on the spot. No need to remove sod or weeds. Just layer organic materials, starting with cardboard or thick layers of newspaper laid directly on top of the grass or weeds. Then begin layering on the organic materials such as grass clippings, leaves, fruits and vegetable scraps, coffee grounds, garden waste and trimmings, peat moss, etc. Try to get a good mixture of "browns" (leaves, shredded paper, etc.) and "greens" (vegetable and fruit scraps, grass clippings). The layering should reach about 18-24" high. You will be amazed as to how much this will shrink down.

Fall is an excellent time to start a lasagna garden because of the organic materials you can get for free thanks to falling leaves and yard waste from cleaning up your flower beds and garden plots. You can let it sit and break-down all winter. By spring it should be ready to plant!

For more information, check out Patricia Lanza's book "Lasagna Gardening" or read her blogs on <http://www.lasagnagardening.com>.

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Work on Oct. 2nd.



Bryan students lend a much needed hand. Left to right: Karina Sandoval, Whitney Munn, Liliana Martinez, Patience Johnson, Arazeli Murillo.

Fall 2010

www.WitherbeeNA.org



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Meet Your WNA Board



Laura, John, and son Colin

Laura Wiese

Hi! My husband John and I both grew up in Lincoln and have lived in the Witherbee neighborhood for almost seven years. Our son, Colin, turned two this summer.

I have enjoyed being involved with the Witherbee Neighborhood Association as a board member this past year and am excited to continue serving this coming year. John and Colin have come to treat the first Thursday of each month, when I attend the WNA monthly meetings, as their special boy's night. (I can't tell you what they do as it's highly classified information which I am not privy to, being a girl.) Sometimes when we ask Colin what his truck or other toy is doing, he will reply, "going to a meeting."

We like to make our involvement in Witherbee a family affair and have participated in the Woods Park mulching and Witherbee Park landscaping, as well as attending the annual meeting together.

I am very proud of the work WNA has accomplished in the last year including: record membership numbers; record attendance at the Woods Park ice cream social and pool party; successful neighborhood clean up; outstanding Witherbee Park project; and the city's best neighborhood newsletter and Facebook page (shameless plug), just to name a few projects. It continues to amaze me what can be achieved when a group of people come together for a common good.

I look forward to welcoming the Bryan Community School to our neighborhood this year. We have already shared some projects and I know they will be a great addition to our neighborhood. I'm also excited to work on continuing to increase our membership and neighborhood involvement.

If you've ever considered becoming more involved in WNA I encourage you to attend a monthly meeting, help out during one of our service projects, or reach out to a board member. You'll be rewarded with the sense of satisfaction that comes with helping make your community the best it can be.

Jackie Varicak

My husband Will and I have four children: Michaela is 15 years old, Cole is 11, Eric is 8 and Daniel is 3. Will works for the State of Nebraska and I am a work at home mom. My job includes but is not limited to cleaning, cooking, homework helper, transporting and entertaining my children. I do a part time job outside my home delivering Women's Edition magazines all over the North end of Lincoln and down town each month.



Jackie

I am very involved in my children's school and our church, St. Teresa's, which resides in the boundaries of WNA. Currently I serve as the President of the Confraternity of Christian Mothers and am on the Parish Council. I also volunteer as often as possible for various school activities. I have been writing articles for the Buzz for the past year doing stories related to St. Teresa's and the community. I have also been involved in volunteer fundraising for the American Cancer Society for the past 11 years. I enjoy writing on my blog, reading and baking (Christmas cookies are my specialty). My family and I are huge Husker fans.

I graduated from Pius X High School and UNL. My previous work experience includes working in Human Resources for the North WalMart which was my first job out of college. Then I joined the State of Nebraska Department of Roads and worked there for about a year and a half in their HR department. At that time Michaela was born and I decided to find part time work when she was about 8 months old. I was blessed to be hired for a great part time job in the Personnel Department at the City of Lincoln and Lancaster County where I served as an Employment Technician. When Michaela was four and I was pregnant with Cole I decided to stay home full time. I've enjoyed full time motherhood and all the great volunteer opportunities I've had time to do ever since. I look forward to my continued association with the WNA.

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Front yard of 3320 N St.



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August Yard of the Month Awarded to Roberta and Bruce Sandhorst

By Amy Greving

Our August Yard of the Month neighbors Roberta and Bruce Sandhorst have lived in their house at 3320 'N' for 30 years. Roberta's love affair with Hostas started 15 years ago when her father gave her three plants. A visit to the Sandhorst's yard shows how three small Hostas can grow into an impressive collection. Roberta has learned the gardener's rule of planting in odd numbers for harmony and flow and when she can't resist a specimen plant, she plants where it will shine.

As you walk into the backyard though the new mission-style wood gate Bruce built this summer, you are greeted by a spectacular Snowflake Oakleaf Hydrangea (*Hydrangea quercifolia* 'Snowflake'). Roberta has divided the backyard into plantings separated by stone-lined paths. Since her yard is shaded, she relies on shade-tolerant plants including Ferns, Chelone, Lenten Rose, False Jack-In-The-Pulpit and of course, many Hostas. Her patio contains a potted water garden and many potted plants including her handmade hypertufa troughs filled with Sedums.

Everywhere you look there's something of interest in Roberta's garden. There are birdhouses, trellises, statues, even pictures. Hanging on the patio fence by a large stand of Zebra Grass is a rustic window, its glass hand painted with Geraniums. In one corner of the garden, Bruce made her a potting shed and bench out of weathered wood fencing. Roberta decorated it with rustic signage and antique garden tools. She hung a Boston Fern by the door and an Airplane Plant over the potting bench and still has plenty of room to repot plants.



Side yard was challenge.

Bruce and Roberta have placed seating throughout their garden so they can enjoy the flowers and birds. There's even a special place for the grandchildren. They

love to sit on the brightly painted tractor seat in the front yard.

Roberta is a believer in composting and lasagna gardening. After Bruce added on to the east side of their house, Roberta was left with a small strip of yard where nothing would grow except weeds. She bought the book: *Lasagna Gardening: A New Layering System for Bountiful Gardens* by Patricia Lanza. She followed the book's directions for composting in layers on site and was rewarded the next growing season with fertile soil. This lovely, peaceful area was featured in a Lincoln Journal Star article on secret gardens this past spring.

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4-H leader Roberta Sandhorst is leader of the Friends 4 Ever 4-H club, which has seven members in their “tweens.”

Friends 4 Ever 4-H Club

Long time 4-H leader Roberta Sandhorst has been inspired by the tremendous growth her members have made since they began 4-H at the age of six. Now that they are “tweens,” she is able to bond with them at a deeper level through lively discussions. They are more enthusiastic about their projects and want to do them right. They like a harder challenge and are more independent and need less supervision with their 4-H projects.

“They have an opinion about everything and they like to discuss things,” says Roberta. “I think their conversations are hilarious. I enjoy their sense of humor. It’s goofy.”

The conversations which inspire Roberta are a normal way for tweens to figure out who they are and how they are feeling about things. According to Dr. Liza Wilson, University of Alabama, the tween years, sometime between the ages of 9 and 13, are a time of huge physical, emotional and cognitive change. Your mostly sweet-tempered child — the one who broke into a wide grin the second you walked into the room — will look at you and roll her eyes in response to reminders about picking up clothes or have rude outbursts over the least little thing.

Parents with multiple sources of support are better equipped to handle the challenges of parenting— and kids benefit, too. In fact, Search Institute research in Developmental Assets shows that kids who can turn to three or more adults for advice and support are less likely to engage in high-risk behaviors, such as underage drinking.

The mission of the University of Nebraska–Lincoln Extension 4-H youth development program is, “4-H empowers youth to reach their full potential working and learning in partnership with caring adults.” Lancaster County 4-H clubs, such as the one Roberta Sandhorst leads, provide more than 600 tweens opportunities to work on projects while developing a variety of life skills.

In addition, UNL Extension offers various other opportunities for tweens to build positive bonds with adults and other youth.

As tweens shift from a family-centered world to exploring the larger community, parents are continually seeking strategies to stay connected.

ADDITIONAL RESOURCES

- Read Tween the Lines (University of Alabama) www.ua.edu/features/tween/
- 40 Developmental Assets for Middle Childhood (ages 8-12) (Search Institute) http://www.search-institute.org/system/files/40Assets_MC_0.pdf
- Tween Topics (Penn State Extension) <http://pike-extension.psu.edu/Family/TweenTopics/2008TweenTopics.pdf>
- Parenting in Context (Cornell University Cooperative Extension) www.parenting.cit.cornell.edu

“Editor’s note: Most of the Friends 4 Ever 4-H Group live in the Witherbee neighborhood, all attend St. Teresa’s. The group has enjoyed participating in the Spring Cleanup and is working on another service project for the new Witherbee Park.”

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Bryan School Students Mull Larger Building

By: Patience Johnson

Bryan School gets a much-needed upgrade in 2011 when they will be moving to the old Hawthorne Elementary School building. Although many students and faculty as well as many Witherbee neighbors believe this will be best, not all students feel the same way. Many students are all for the move because they believe the move to Hawthorne will allow more room for students and teachers. Many also believe the move to be an improvement for Bryan because we as of now have no cafeteria. When the school goes to Hawthorne we will have a cafeteria. Many Bryan students however do not approve of the move to the Witherbee neighborhood because a majority of students came to Bryan from a bigger school because they didn't like being in a big school. Students fear that if they go to the new building it will be just like being in a big school.

I've talked with a few students who had rather strong feelings on the decision to move Bryan to a bigger build-

ing. When asked the question "How do you feel about Bryan moving to a larger building?" some students were ecstatic while other students not so much. Taylor Orthen-gren, a two-year student at Bryan Community expressed her opinion to the question with this answer, "I think it's a bad idea because this is the Bryan Community. It's already not an actual high school and now they want to move it to an elementary school building." So while Taylor is against it I found a student who is all for it and believes the new building will be an upgrade for the Bryan students and faculty. Ian Beinlich a first year student at Bryan Commu-nity answers the question with a definite response by say-ing "Absolutely yes because, it's an opportunity for us to be in a bigger school and to have a better education with more possibilities of having more electives and classes."

Although many students fear the move many more are still open to the new experience and the endless possibili-ties a bigger building can bring. Bryan students are so de-voted to their school they are willing to give the building a chance and push themselves to accept it. The new build-ing will bring forth many opportunities for Bryan students to excel in their education as well as show everyone how amazing Bryan and their students are.

Editor's Note: Patience is a student at Bryan and serves on the student council. Look for more articles from her in future issues of the Buzz.

Meet Your WNA Board

Mary Schwab

I loved growing up on a farm near Syracuse, NE., working in the fields and learning to drive all types of vehicles when I could barely reach the ped-als. My family was very active in 4-H clubs in Otoe County. After graduating from high school in 1962, I moved to Lincoln to attend cosmetology school.

I have three children, Andy Beecham and his wife Cathy live near Sheridan School with their two daughters ages 4 and 6. They are very active in neighborhood associations. My daughter, Beth Rupp and her husband, Kyle live near 40th and High-way 2, and were married this last June. My youngest daughter, Shan-non Rosauer and her husband Ryan live in Junction City, Kan., and have a six-year-old daughter and a three-year-old son. They have been in the Army for the past nine years and their yearly moves have kept Steve and I busy and away from WNA activities quite often.



Mary

I was an active PTA member at Randolph School from 1971 through 1988. My children were also raised with 4-H competition at county and state fairs each year. My kids (and I) managed to throw lots of papers during our 13 years as Journal Star carriers in our own neighborhood, and learned to know our neighbors well. We have helped with and thoroughly enjoyed the 33 block parties that have taken place on our street, Woods Avenue.

I feel that a strong neighborhood association leads to safer neighborhoods. I am happy to see the increase in membership in WNA each year and would like to see more participation in activities by the members.

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Children playing musical chairs



People line up to choose from a great selection of foods.

Something for Everyone at St. Teresa's Annual Picnic

By Jackie Varicak

All-you-could-eat hot dogs and hamburgers, and pot-luck sides of every kind were the offerings at the annual Saint Teresa's feast day picnic held Sunday, October 3rd. The picnic was attended by more than 400 parishioners, friends and neighbors. The east end of Laura Avenue was blocked off, as was 36th Street from Randolph to J to accommodate the picnic and activities for the family-friendly event.

Throughout the duration of the picnic the crowd was entertained by live music provided by various musical groups from the parish. Children dressed as their favorite Saints and marched along Laura Avenue. Monsignor Joseph Nemecek played and sang the song "When the Saints Go Marching In" for the parade.

Face painting and games including musical chairs and pumpkin races kept the children busy after the parade. Kids and families also filled the school playground with football games for the older ones and play-structure fun for the younger kids. Toward the end of the picnic, children by the dozens gathered around the stage area and danced with delight to the chicken dance.

A visit by the KVSS 102.7 Spirit Catholic Radio bus was a hit for all who toured the inside. The bus was an RV which had been donated to the radio station for pro-

motional purposes. The inside was complete with leather couches, table and chairs, kitchenette, washer and dryer, bathroom and shower, and a bedroom. Soon the bus will be equipped to enable live broadcast from remote locations all over the Midwest.

The picnic was capped off with a raffle where picnickers young and old, whose names were called, chose prizes. Yours truly won for the first time! I chose a package of playing cards which had a Husker keychain attached.

I know I can speak for all who attended; the picnic was tons of fun, enjoyable for all ages and a great success!



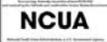
Monsignor Nemecek has Saint Francis of Assisi (Ethan Langdon) introduce himself.



Jean Timmerman, Lee Hotovy, Terri Schilmoeller and Lisa Butler entertain the crowd.

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RESIDENTIAL RECYCLING

Lincoln Recycles Day will be celebrated on November 13, 2010. This is part of America Recycles Day, the only national event that promotes recycling and the purchase of recycled content products. As part of this event the City is asking residents to renew their commitment to recycling by making a pledge to increase their recycling efforts and knowledge of recycling opportunities in Lincoln. This can be done online at lincoln.ne.gov, keyword: recycle.

There are a number of local firms that provide recycling services for local residents. There are buy back centers for aluminum cans and scrap metal. There is also a number of residential curbside recycling firms that collect recyclables at your home for a fee. A listing of these firms is available at lincoln.ne.gov keyword: recycle. The website also provides easy reference for recycling services for various materials ranging from appliances to tires.

The City of Lincoln also sponsors a network of 35 recycling drop-off sites that collect newspapers, cardboard and paperboard boxes, (i.e. cereal boxes, paper towel rolls), food and beverage cans and glass, #1 thru #5 plastic bottles and containers, and residential mixed paper. They are also listed on the website.

Last fiscal year a total of 6,402 tons of recyclables was collected from these sites. This represents a 14% reduction over the last two years. As a result of the newspaper reducing its size and a decrease in circulation, the amount of newspapers recycled declined 31% over the last 2 years. Due to the poor economy direct mail advertising has decreased and magazines and other materials are thinner. This accounted for a 21% decline in recycled residential mixed paper in the same period. All the other materials recycled at the recycling drop-off sites increased, but not enough to offset these declines.

On-line pledges for Lincoln Recycles Day are encouraged at www.lincoln.ne.gov: Keyword: recycle. Forms are also available at local recycling businesses, Russ's Customer Service Centers, Lincoln city libraries, and selected community centers. This pledge is also your entry for numerous prizes: a year's subscription for curbside recycling and gift cards from local businesses.

Additional events on November 13th include Usable Latex Paint Exchange at EcoStores, 530 West P St. from 9 -1 and Free Wood Waste Recycling at Hofeling Enterprises, 2200 Folsom Court, from 8-12.

Lincoln Recycles Day is sponsored by Solid Waste Operations for the City of Lincoln, WasteCap Nebraska, Lincoln Public Schools, the AmeriCorps Volunteer program and local recyclers.

For more information on Lincoln Recycles Day call 441-8004 or the Recycling Hotline at 441-8215 or visit lincoln.ne.gov, keyword: recycle.



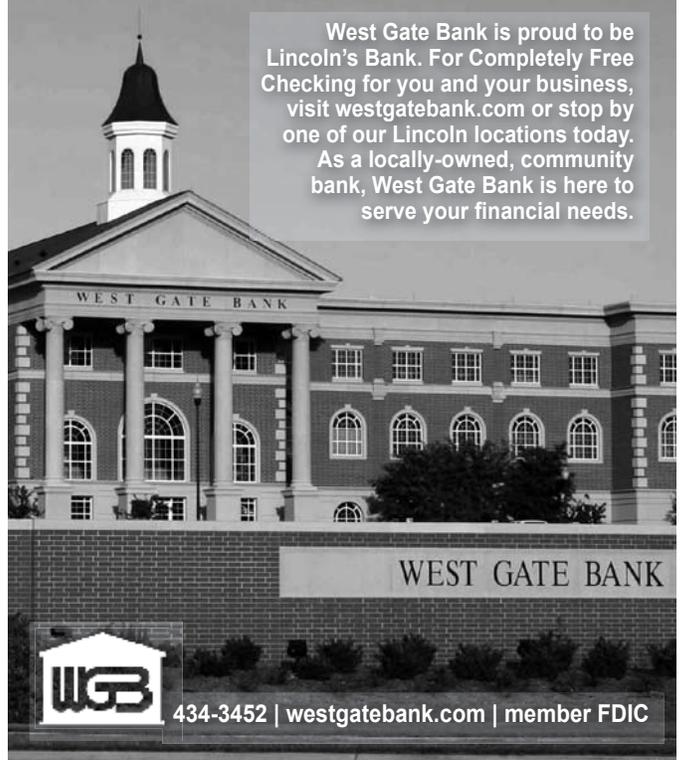
Tabitha Construction

The landscape on Tabitha's campus has changed with the completion of the new south addition this past July! The three-story construction and remodel features a spacious welcoming lobby, hearth, gift shop, coffee bar and seating area. New admission and consultation spaces provide greater privacy, comfort and customer care.



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WNA Calendar

(Please note that membership is Not required to attend WNA meetings.)

Additional meeting information may be found at Witherbeena.org

Tuesday, Nov. 2nd — Voting Day. General Election.
Locate your polling site at <https://www.votercheck.necvr.ne.gov>

Sunday Nov. 7th — Daylight Savings Time ends.
Set clocks back one hour. Check smoke alarm batteries.

Thursday, Nov. 4th — 7 p.m. WNA Annual meeting.
Entertainment: Tyler Hunter, Elvis Impersonator.
Dinner provided, Bring a dessert to share.
WNA board elections. Tabitha LifeQuest Center conference room, 48th & J St.

Monday, Nov. 8th — Mayor's Roundtable ,County/ City Building, 555 South 10th Street, in the Mayor's Conference Room, 5:30 p.m. – 6:30 p.m.

Saturday, Nov 13th — EcoStores Useable Latex Paint Exchange 9:00 a.m. – 2:00 p.m. EcoStores Nebraska – 530 West P Street, 477-3606; www.ecostoresne.org and <http://lincoln.ne.gov/city/pworks/waste/sldwaste/recycle/pdf/guide10.pdf>.

Thursday, Nov. 18th — City Councilman Doug Emery's Citizen information meeting. 5:30 to 6:30 p.m. at the Victor E. Anderson Branch Library 3635 Touzalin Avenue. Enter on the west side and turn left.

Nov. 25-26 — Lincoln Public Schools closed Thanksgiving

Thursday, Dec. 2nd — 7 p.m. WNA monthly meeting – Speaker: Mark McDonald. Wines for the Holidays. Tabitha LifeQuest Center conference room, 48th & J St.

Dec 4th - 18th—WNA Holiday Lighting Contest Judging.
See story in this issue. Nominate your neighbor!

Monday, Dec. 13th — Mayor's Roundtable ,County/ City Building, 555 South 10th Street, in the Mayor's Conference Room,5:30 p.m. – 6:30 p.m.

Thursday, Dec. 16th — City Councilman Doug Emery's Citizen information meeting. 5:30 to 6:30 p.m. at the Victor E. Anderson Branch Library 3635 Touzalin Avenue. Enter on the west side and turn left.

Dec. 23rd - Jan 2nd — Lincoln Public Schools closed. Winter Break

Thursday, Jan. 6th — 7 p.m. WNA monthly meeting & quarterly board meeting- Speaker: Kevin Heim-Woods Tennis Center. Tabitha LifeQuest Center conference room, 48th & J St.

Monday, Jan. 10th — Mayor's Roundtable, County/City Building, 555 South 10th Street, in the Mayor's Conference Room, 5:30 p.m. – 6:30 p.m.

Thursday, Jan. 20th — City Councilman Doug Emery's Citizen information meeting. 5:30 to 6:30 p.m. at the Victor E. Anderson Branch Library 3635 Touzalin Avenue. Enter on the west side and turn left.

WNA wishes to thank Tabitha
for being a great neighbor and providing
meeting space for us each month.



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Temple Baptist Church

By Jeremy Penrod, Assistant Pastor

On January 2nd, Temple Baptist Church will mark its 90th year of ministry in Lincoln. Since April of 1953, we have enjoyed our current location on the corner of 50th & Randolph streets. Mark Meals has served as senior pastor since 2005 and I have served as assistant pastor since 1999. We are an independent Baptist church networking with over 1,600 churches nationwide as part of the General Association of Regular Baptist Churches

On Sundays, members from across town come together in the heart of Lincoln for worship and study of God's Word. We average around 100 at our morning services each week. I would say most of the Baptist churches in Lincoln are similar in size. Pastor Meals meets monthly with five other Baptist pastors in town for a morning prayer time.

"Speaking the Truth in Love" is our theme at Temple. Preaching the truth is the central focus of our Sunday services. At each service, Pastor Meals challenges us with a message from the Word of God. Paul's charge to Timothy in I Timothy 4:1-2 to "Preach the Word" is an exhortation that we take seriously in our services here. Prior to the preaching, we enjoy an uplifting time of congregational singing, special music and prayer. Our conservative and traditional approach to ministry is reflected in each of our Sunday services. Preaching to the heart...teaching the mind...reaching the soul! That's what you'll find at Temple Baptist.

Our express purpose at Temple Baptist Church is to worship and glorify God. We accomplish this by:

- 1) Preaching & teaching the Word of God
- 2) Introducing people to Jesus Christ
- 3) Equipping the saints for ministry
- 4) Providing opportunities for service
- 5) Developing a sense of community
- 6) Proclaiming the Gospel on a global level

For the past couple of months, we have been out in the area surrounding our church facility introducing ourselves and our church to our neighbors. We've enjoyed the opportunity to meet several of you so far; and if we haven't yet been to your home, we look forward to meeting you soon. Please take some time to check us out on our website and come visit us for one of our services.

Farewell Potluck

What better way to bid a farewell in our neighborhood than to have a potluck. On Thursday, September 9, 2010 neighbors, friends and WNA members shared a potluck in the park for Dee and Curtis Wood. After a busy day of starting to pack the truck, Dee and Curtis were able to walk outside their backdoor and enjoy the meal and time in Stuhr Park.

The first get together at Stuhr Park was May Day 2005 with Dee and Curtis in attendance. That outing was so cold we all wore winter coats and gloves. Many potlucks brought the sharing of cold tomato soup made by Dee and wonderful barbeque hamburgers when Curtis would roll the grill to the park and cook. There are lots of good memories of food and friends at the many potlucks in the park. Best wishes to Dee and Curtis as they return to Texas.

Stuhr Park Potlucks for 2010 are now over. These events are scheduled May - October each year. Enjoyable food, conversation, and news of the events around town and the neighborhood always highlight these get-togethers. Thanks to all who shared this past year. And to those who did not make the potlucks — well — there is always next year! Once you come, you kind of get hooked on the fellowship! The schedule for 2011 will be made and appear in the Spring Buzz.

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Please Support the Cause with Your Membership

WNA association consists of residents like you who volunteer in lots of ways - large and small - to help preserve and enhance the character and quality of life in the WNA area. 2010 was a productive year, and we will be working to make 2011 the same. WNA is a winning team, well known and respected by public officials and envied by other neighborhood associations. To continue the record we need your help. Just as having homeowner or renters insurance is a wise investment we ask you to think of a WNA membership as your neighborhood insurance – only it's a lot cheaper

Some items your neighborhood association has done in 2010:

- Completing application with the Nebraska Secretary of State and the U.S. IRS to become an official non-profit, this will provide postage savings, and allow WNA to accept tax-deductible donations or grants.
- 7th Annual WNA Cleanup on May 8th involved Bryan Community School students, 4-H Club members, Boy Scouts and WNA volunteers who helped pickup litter, recyclables and assisted at cleanup drop-off.
- WNA and UNL Big Event student volunteers helped mulch trees at Stuhr and Woods Park on April 10th.
- Over \$10,000 was raised to landscape and equip Witherbee Play Area located at 46th and 'O' Streets. Project completed October 2nd.
- Participated at monthly Mayor's Neighborhood Roundtable meetings to represent the neighborhood in a wide range of issues and programs.
- Participated in Lincoln Neighborhood Alliance meetings to represent the neighborhood's interests.
- Hosted largest ever WNA free Pool Party/Ice Cream Social for neighborhood residents on July 25th.
- Met with City's Urban Development Department about efforts to get 48th & O properties redeveloped (northeast corner/ CVS Pharmacy).
- Conducted a neighborhood cleanup, coordinated neighborhood garage sales.
- Hosted speakers monthly who addressed neighborhood concerns.
- Produced a quarterly newsletter to keep WNA residents updated, and added WitherbeeNA to Facebook.
- Yard of the Month Award.
- Holiday Lighting Contest Awards.
- Increased WNA membership.
- Meeting with Bryan Community School staff about its 2011 relocation to renovated Hawthorne School at 48th & 'L' Streets.

If these projects, or any others, interests you, we invite you to attend our monthly meetings held on the first Thursday each month at 7:00 p.m. at the Tabitha Lifequest Center, 48th and J St. To support resident volunteer efforts to enhance your neighborhood, please renew your WNA membership or join us for the first time. For about the price of just one pizza you can support your neighborhood for an entire year! Please make your check to Witherbee Neighborhood Association. Contributions of \$35 or more will receive a tax-deductible receipt.

We invite you to join us by volunteering a little time on a specific project and/or serving as a board member. Being involved is arguably more fun than work. Please indicate your interest on the membership form below. And if you want more information, the WNA website is www.witherbee.org.

Sincerely,
WNA Board (neighborhood residents like you)

You are invited to be a member of the Witherbee Neighborhood Association

Name: _____ Address: _____ City, St.: _____ Zip Code: _____ Phone: _____ E-mail: _____	Membership Categories: ___ Single\$10.00 ___ Family\$15.00 ___ Senior Family.....\$10.00 ___ Additional Household Member..... \$ 5.00 ___ Sponsor\$35.00 ___ Benefactor\$50.00 & up ___ Business\$40.00 Contributions: Donations to WNA of \$35.00 or more will receive a tax deductible receipt.
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Please indicate your areas of interest and mail to Shawn Gordin, 539 S 52nd St., Lincoln, NE 68510

<input type="checkbox"/> Distributing newsletters	<input type="checkbox"/> Serving on the board	<input type="checkbox"/> Annual meeting food preparation
<input type="checkbox"/> Help with clean-up	<input type="checkbox"/> Newsletter writing/photography	<input type="checkbox"/> Boosting home ownership project
<input type="checkbox"/> Organizing garage sales	<input type="checkbox"/> Newsletter production	<input type="checkbox"/> Other (describe below)
<input type="checkbox"/> Holiday Lights contest	<input type="checkbox"/> Web pages	_____
<input type="checkbox"/> Pool Party & Socials	<input type="checkbox"/> Acquire meeting speakers	_____