

Food, Prizes, Games, Recognition Planned For Nov. 8th Witherbee Annual Meeting

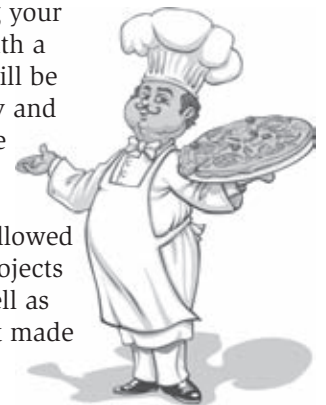
Everyone is invited to the Witherbee Neighborhood Annual Meeting on November 8th at 6:00 p.m. Come join your neighbors as we celebrate our accomplishments, recognize our hard working volunteers and enjoy an evening of food, fun, games & prizes. The meeting will be held in the Johnson Conference room, lower level at Tabitha, 4720 Randolph Street.



Membership is not required to attend this free family-friendly neighborhood event but as always, membership is encouraged. You can join at the annual meeting for the 2013 year. Your dues help continue events like this.

Pizza & drinks, provided by Midtown Hy-Vee, will be served beginning at 6:15 p.m. There will also be a home-

made dessert buffet. Please bring your favorite dessert to share along with a copy of the recipe. The dessert will be enjoyed by neighbors at the party and the recipe will be uploaded to the WNA website (witherbeena.org) so everyone can recreate your special dessert. Dinner will be followed by a short presentation on the projects and events of the past year as well as recognition of the volunteers that made it happen.



Board member elections will be held. If you are interested in serving on the board please contact any current board member. You can be an important part of the Witherbee Neighborhood Association.

The evening will continue with everyone invited to play a special WNA version of BINGO. Prizes will be awarded!

Tabitha Opens Gym Membership to Witherbee Neighbors

By Erica Balm

Tabitha, your answer for Elder care, is pleased to open our newest fitness gym on Nov. 1, to those Witherbee Neighborhood Association members aged 55 and better.

Club 4 Fitness & Rehabilitation Gym opened in



Tabitha therapist Angie Cardwell, (second from left), gives tour of Club 4 to a few WNA members.

November 2011 as a fourth-floor remodel at Tabitha Nursing and Rehabilitation Center. It features 18 private rooms for inpatient clients receiving skilled, post-acute therapy as well as the ultramodern gym for their recovery.

The gym houses an extensive array of exercise equipment including treadmills, elliptical machines, stationary bicycles, a walking track, hand weights and more. In addition to its clients, Tabitha makes the gym available to employees and their family members in order to promote the pursuit of healthy living. The gym's resources provide an ideal environment for Witherbee Neighborhood Association members to join Tabitha employees in maintaining healthy lifestyles together.

Beginning Nov. 1, Club 4 will be available to Witherbee residents aged 55+ from 6 a.m. – 9 p.m., seven days per week, for a nominal fee of \$5 per month or \$40 per year.

Those interested may contact Tabitha at 402-486-8537 to make an appointment for initial registration and gym

Continued on page 2

About Your Witherbee Neighborhood Association

Boundaries:

33rd to 56th &

'O' to Randolph Streets

Meetings:

7:00 p.m. first Thursday of each
month at Tabitha LifeQuest Center,
48th and J.

www.facebook.com/witherbeena

www.WitherbeeNA.org

Executive Board:

Fred Freytag, President
402-430-6658
fred@WitherbeeNA.org

Mike Kreikemeier, Vice President
402-477-9194
mbk@windstream.net

Jackie Varicak, Secretary
402-438-3616
wvaricak@neb.rr.com

Karen Vogeley, Treasurer
402-435-6022,
treasurer@witherbeena.org

Rick Bagby, Past-President
402-488-8567
witherbeerick@gmail.com

Additional Board Members:

Bryan Hurst 402-441-6712
Bbacon.hurst@gmail.com

Tony Marquez 402-435-3009
netonym@windstream.net
tmarquez@tmcoinc.com

Kathy Stastny 402-488-3314
kstastny@neb.rr.com

Jeff Worrall 402-601-5269
jworrall05@gmail.com

Newsletter Committee Chair
Jackie Varicak 402-438-3616
wvaricak@neb.rr.com

Newsletter Advertising:
Jeff Worrall 402-601-5269
jworrall05@gmail.com
Larry Frisch 402-486-9380
lfrisch@windstream.net

Web Development:
Fred Freytag 402-430-6658
fred@WitherbeeNA.org

Witherbee Connect

Wow.... We did it. This is so exciting. If you have just read about the new Tabitha Gym opportunity on page 1, you know something wonderful has just happened. Tabitha is now partnering with Witherbee Connect. Tabitha's gym is beautiful and they are going to share it with our Witherbee Neighborhood seniors. The price is unbeatable and we only have to be 55 years or over and a member of the Witherbee Neighborhood Association (check out page 16 for a WNA membership application). That sure includes me. I have needed to exercise for some time, and now I will. When I toured the gym I realized how user friendly it is. It is not huge, but has what I need. Also there won't be beautiful twenty year olds in colorful outfits making me feel self-conscious. I very much like the idea of going with someone else or a group. I am hoping for some of my friends/neighbors to go with me.

I have been told by my doctor to exercise so I know it is OK for me. However, be sure to take Tabitha's advice to be healthy enough to exercise before joining the gym, so check with your doctor if needed. There will be a nurse's station close by but there will not be trainers available. As mentioned Tabitha has prepared information on how to use the machines which will be a big help. You will get an orientation when you first visit and register. The Tabitha contact person is Angie Cardwell.

I want to add that the Bryan at Hawthorne students are busy helping folks with yard work. They recently worked at moving boxes for a family. They love helping and we appreciate them so much. We are so lucky to have them. Please give Witherbee Connect a call at 402-488-3314 if you need their help. Also keep in mind we have a huge resource list to help people that just need information. The purpose of the program is to build a safety net for the neighborhood. Most neighborhoods do not have a Tabitha or a Bryan at Hawthorne that collaborate so closely with their neighbors. I think we are very fortunate. Again don't be afraid or hesitate to call when you are in need!



Kathy Stastny
402-488-3314

Tabitha Opens Gym Membership to WNA Neighbors

Continued from Page 1

orientation. Prospective members will be asked to complete an application form and waiver of liability. Please note that Club 4 is an unsupervised gym. It is the responsibility of the individual to contact his/her health care provider if there are any concerns about participating in an exercise program. For safety reasons, it is also highly recommended (but not required) that neighborhood members use the gym in pairs or groups.

As a nonprofit organization serving 28 Nebraska counties, Tabitha's love embraces a society where everyone is valued and empowered to live life to the fullest, with compassionate at-home support, innovative living communities, exceptional rehabilitation, health care and hospice services.

Need help and
Don't know where to turn?

Our goal is to provide a safety net for the Witherbee Neighborhood, as well as provide possibilities to use all available resources.

Call 402-488-3314



Plan for the New Year at the December 6th WNA Meeting

It's never too early to start planning a New Year's Resolutions right? May we suggest that you start thinking about 2013 in December at our strategic planning meeting? Volunteering has proven to boost the health of people. It just makes you feel good when you help others.

You are invited to the December 6th WNA meeting to share your ideas and plan WNA activities. What types of events and projects would make our great neighborhood even better? How about a community garden? More block parties? A new tennis center? What about safer streets for bicycle rides? When we work together all of those projects are possible. Come to the WNA meeting at 7:00 p.m. on Thursday, December 6th at Tabitha LifeQuest Center, 48th & J Streets and let's get started.

And don't forget, volunteering makes for a great New Year's Resolution and by planning in December it will be easier to succeed in the New Year. Volunteering really is good for your health!

Neighborhood Watch to be Topic of January 3rd Meeting

A neighbor once said, "When I think of what a neighborhood association should do I think of Neighborhood Watch." When it comes right down to it safety floats to the top of most people's list when they choose where they are going to live.

We at the Witherbee Neighborhood Association want to promote safety through the visibility of Neighborhood Watch throughout our area. What this does is it alerts those less desirable people that they are being watched which forces them to behave or leave, and it assures those that are looking to move in to the neighborhood that it is a safe area.



Come to the WNA monthly meeting on January 3rd at 7 p.m. at the Tabitha LifeQuest Center at 48th and J Sts. and find more out about

Neighborhood Watch, a simple and effective program to help keep your street safe.

Lincoln Police officer Erin Spilker will give a brief presentation on how Neighborhood Watch works and why it is effective. Find out how you can organize or re-energize a Neighborhood Watch group on your street. Then get your neighbors together and start making your street an even safer and better place to live.

WNA wishes to thank Tabitha for being a great neighbor and providing meeting space for us each month.

Witherbee Holiday Lighting Contest

The holiday season is just around the corner. Don't forget to check your strings of lights for missing bulbs, and your holiday yard ornaments for the Witherbee Holiday Lighting Contest.

By the third week of December, our Judges will be driving around considering the nominees of the contest.



Each year our Witherbee neighbors are pleasantly surprised to be nominated in the contest. Will it be your house this year? Please consider participation in the lighting event this year. Nominate any neighbor's home or even your own home by calling or e-

mailing: Jeff Worrall (402)601-5269 jworrall05@gmail.com or Jackie Varicak at 402-438-3616

Due to the timing of the newsletter distribution, please check the Witherbee web site or Facebook page to see nominees and awards.

Did you know that winter is the perfect time to prune/remove most trees?

- Huge discounts for winter tree work.
- Foliage is gone, so structure of branches is clearly visible.
- The tree is dormant, eliminating bleeding of sap from fresh cuts.
- Hard ground makes for better equipment access.
- Convenience! It is easy for a homeowner to be inundated with projects in the spring and summer, so, why not reserve tree work for winter.

Let the Tree Guys take care of it!

402-438-8733



2200 S Folsom Ct.,
Lincoln, NE 68522.
www.lincolntreeguys.com



Editor's Message:

Neighbors can help fulfill WNA's purpose

I'd like to give a shout out to ALL of our neighbors! ALL of you are important whether you rent or own, have a big house or small house, are short or tall, young or old, black or white, conservative or liberal etc.... you all matter and the WNA is here to serve you. You are all welcome to attend and participate in our events and meetings and to get involved.

My personal reason for being involved in the Witherbee Neighborhood Association is to have a safe and attractive area for my family to live. I want to live in peace with my neighbors while being close to amenities that make it a great place to live and so I am happy to serve to help make that happen.

My involvement has been primarily working with the *Buzz* newsletter. It is a privilege to be involved in what I have been told is one of the best neighborhood association newsletters in Lincoln. We are read beyond our borders and for good reason. The people involved really do care and it shows by the quality of the newsletter, the quality of the events we hold and are involved with, and the numbers of people who attend and volunteer.

Since I am involved with the newsletter, can write, and am serving in this way, I'd like to take the opportunity to inspire you to help our neighborhood stay peaceful so that it really is a great place to live. I believe it all starts with you. First; I suggest you take care of yourself and do the things it takes to stay healthy physically, mentally and spiritually, second; be loving with your family members, third; do for others, for instance give a smile to a neighbor who irritates you, sweep someone else's sidewalk while no one is looking, take over a box of Kleenex to someone who is sad, give a loaf of bread with some peanut butter and jelly to a family in need, or just do any kind deed to show you care.

I thought it would be a good time to review and share the original purpose and list of goals that were penned when WNA reorganized 8-10 years ago. It is that time of year where we are having a changeover in leadership. Our past leadership has been strong. They have established solid relationships with our neighbors, local businesses, government officials and with each other. Their goal has essentially been to serve our neighbors and area so we have a great place to live now and in the future. Our future leadership has a strong foundation to work from as you will see with the following purpose statement, and how we can accomplish it. Please read this over and see what strikes you as your personal favorite point. And then think about how you can get involved.

It shall be the purpose of this non-profit organization to promote involvement of all parties in the WNA, in a concerted effort for a better community.

This purpose may be accomplished by but not limited to:

- Promote and maintain an organization for the advancement of the concepts of low-density residential land use.
- Preserve and enhance aesthetic character and quality of life in the WNA area.
- Monitor the plans and activities of city government, commercial organizations, or other entities that affect residents in the WNA area. Inform neighborhood residents and take appropriate action.
- Encourage pride in the WNA area.
- Promote communications among all parties including but not limited to businesses, institutions and residents concerned with the quality of life and development of the WNA area.
- Protect and enhance the investment of property owners in the WNA area.
- Inform the public on subjects beneficial to individuals and the WNA area.
- Promote cohesiveness of WNA with other neighborhoods and neighborhood associations in Lincoln.
- Promote home ownership and maintain a high percentage of owner occupied residential properties in the WNA area.
- Work with local organizations to maintain and improve the WNA area.
- Promote greater responsibility and involvement by residents in the WNA area including, but not limited to leadership and resource development.



Jackie Varicak

Thanks for picking up the *Buzz* and perusing the pages. Let us know if you would like to be more involved. It's easy, just attend a meeting, or call up a board member. We'd be glad to welcome any and ALL of you. One place to start is at our Annual meeting....it will be a lot of fun. Come and play WNA bingo. See page 1 for details!



Marcia Murray ~ Realtor®
"A Lifetime of Caring"

Cellular: (402) 432-3989

Office: (402) 434-3800

Fax: (402) 434-3801

email: marcia.murray@woodsbro.com

Website: www.MarciaCares.com



Lincolnshire
7141 "A" Street
Lincoln, NE 68510

WNA Leaders Glean Ideas From Neighborhood Consultant

By Mike Fitzgerald

What is your vision for our neighborhood? This is one of many questions several WNA leaders were asked by a community development consultant who spoke at a meeting about sustaining and improving neighborhoods. After the meeting, the consensus of the WNA representatives is that our neighborhood has already done and is doing several things the consultant recommends. They also gleaned several additional positive efforts our neighborhood could adopt.

NeighborWorks Lincoln sponsored the meeting held at Isles Reception Hall in Havelock, which featured a presentation by consultant Michael Schubert. Former Chicago Mayor Richard M. Daley appointed Shubert Commissioner of the Chicago Department of Housing in 1989 and he developed the "New Homes for Chicago" program – a single-family new home development program on vacant lots. The award-winning program remains an important part of the City's housing strategy.

Shubert specializes in developing strategies for neighborhood revitalization that focus on stimulating demand for neighborhoods. He has developed neighborhood plans in 70 neighborhoods in over 40 states.

Most recently, he developed the Milwaukee Healthy Neighborhoods Initiative, with the support of the Greater Milwaukee Foundation. Also in Milwaukee he produced a Quality of Life Plan for the Harambee neighborhood which won a \$1 million award for implementation. He also led a team that evaluated the impact of the Community Revitalization Fund for the Greater New Orleans Foundation.

Shubert's overall suggestion is for a neighborhood to begin marketing itself by thinking about how it attracts people and resources and to build on its strengths. He recommends a neighborhood pay attention to the houses that are for sale and to who is moving in and moving out. And in order to attract desirable residents, a neighborhood should position itself as a place of choice. To communicate with prospective residents, a neighborhood should figure out what it wants to say to them, and then work to engage them, as well as with current residents, by promoting

feelings of neighborliness.

He said it is important that a neighborhood promote and recognize home improvement (see related story on page 6), conveying the message that this is a place where it makes sense to invest time, money and energy, a place where neighbors have the capacity to manage day-to-day issues.

A neighborhood plan is an asset which boosts resident confidence in the future, Shubert said. Such plans can include projects such as cleanups, landscaping, alley lighting, a pick this neighborhood party, home tours and open houses, a best porch contest, a most improved house contest and park maintenance and enhancement.

Also, neighborhoods should work together and collaborate with city officials and foundations to support a program to market neighborhoods. In addition, other cities have issued bonds to convert apartments back to single-family homes. Other cities have positioned code enforcement as services to neighborhoods and citizens rather than as police actions, Shubert said.

Witherbee has a strong foundation of neighborhood improvement projects and WNA is looking to develop a plan to implement additional projects. Residents interested in participating in the planning are encouraged contact WNA Board members (see directory on page 2).

Down Under Pottery

Studio & Gallery

33rd & Randolph
402-477-7655
Call: Kathleen Grossman

www.downunderpottery.com

Gallery Open Daily
Please call ahead

8-week Session
Classes Available –
\$150
on Tuesday &
Wednesday nights or
Saturday mornings

Conveniently located for
Witherbee residents

CAREDAY QUEST

Child Care & Preschool Program

(6 weeks – 12 years)

*We offer a bright,
clean, cheerful,
comfortable,
welcoming, safe,
environment.*

Title 20 Welcome.



3633 "O" Street (37th & "O")
(402) 476-0433

- ▶ **Wholesome Meals; Breakfast, Lunch, Snack**
- ▶ **Preschool Curriculum to Inspire Young Minds**
- ▶ **Toys & More Toys!**
- ▶ **Facilities Sanitized Daily**

Reading Times, Arts & Crafts, Science Projects, Building, Costumes, Play House, Singing, Parades, Nature Walks, Holiday Events, Park Trips, Fun Theme Days, Monthly Daisy Doe Clown Visits, Santa at Christmas...

Enroll Now!

402-476-0433

CAREDAY QUEST

3633 "O" Street (37th & "O")

Making One Door Down Our Own

By Mike Fitzgerald

This is a fun home improvement story that is very typical of the Witherbee Neighborhood. Once upon a time John and Jillian Rutledge and their five children lived at 615 S. 36th Street. The 750 square foot, two-bedroom home was smaller than they needed, but John was in dental school so they made do. They often thought about how well the two-story, four-bedroom brick home next door would be for them. Then one day they were visiting with that home's owner, Roy Loudon, and Roy asked if they would be interested buying it someday. A few years later, after John finished school, Roy passed away. John and Jillian were able to purchase the house in April 2010 with remodel starting soon after. (The house was built in 1937 and was used for many years as the St. Teresa's rectory.)

Knowing it needed a lot work, they decided to buy the home for reasons commonly cited by homeowners here. "We didn't want to leave the neighborhood," Jillian said. "Our church, school and friends are here. Although we probably couldn't recover our costs if we were to sell, we think it's worth it to be able to be part of this neighborhood and community."

Another central character in this story is Kevin Clark, a friend, fellow St. Teresa parishioner and neighborhood resident - and an architect. He helped create the plans to both renovate and expand the home next door at 635 S 36th Street. Structurally, the home was very sound, but wiring, plumbing and ductwork needed updating. Also, John and Jillian had ideas for how to make the floor plan more open to accommodate their growing family and friends. Plans were drawn up to accomplish that: remove the enclosed porch on the south end of the house and replace it with three levels of space that included one conforming bedroom in the basement, expanded living/dining room space on first floor and an expanded master bedroom on the second floor, including an attached nursery. The remodel included gutting the entire first floor. By doing so



Home remodel begins at 635 S. 36th St.

they were able to manipulate the existing space to include a new kitchen, pantry, half bath, first floor laundry room and a spacious mudroom that includes French doors that open to the back patio. Included in the second floor remodel was a walk in closet for the master bedroom, new full bath, refinished wood floors and patching of existing lath & plaster walls.

Because living in the home with their children while it was being renovated wasn't possible, the family continued

It's our 80th Anniversary Loan Sale!

To celebrate we are offering all members (Federal, Military, Postal Employees and their families) a special loan discount!

All new money loans of \$3,500 or more will receive discounts up to 1.50% APR*!

Now is the perfect time to trade-in your current vehicle and take advantage of year end model discounts! Make home improvements or take that dream vacation.

With rates this low - now is the time to do it!

SPIRIT OF AMERICA
FEDERAL CREDIT UNION
325 N 52 St
Lincoln NE 68504
402-467-1102
www.spiritofamericafcu.org

*APR (Annual Percentage Rate). Certain restrictions apply - contact Credit Union for all the details and for membership eligibility. Offer ends November 16, 2012.



Expanded living space in remodeled home



635 S. 36th St. after much needed living space added.

to live in their original home next door.

Kevin shepherded the project through the permitting process, including gaining Witherbee support for a special permit needed from the city to allow the southern addition to extend a few feet south of what zoning regulations for the original house stipulated. "He went way beyond the call of duty," John said. "I don't think we would have been to accomplish this without his guidance."

Construction of the addition progressed well. But a challenge occurred near the end of the project – that of matching the brick siding of the expansion to the brick of the original house. Kevin's experience and professional contacts shown through again when he called on a brickyard in Omaha. Their staff brought samples to Lincoln and they were able to match the mixture of red, brown and tan bricks used in building the home in 1937. Similarly, Lincoln Lumber matched the original interior woodwork for the additions. Also included were floor-length windows on the main floor to help maintain the home's original charm.

Permitting, demolition and construction took about eight months and the family moved from 615 to 635 South 36th on November 27, 2011 – no moving trucks needed. Then the nursery was soon utilized when their daughter, Camilla, was born on April 3, 2012. She joins siblings Maria-9, Lucia-7, Isaac-5, Gisella-4 and Ephrem-2.

"Only one digit in our address changed," Jillian said, "but so many things had to fall in to place for this to all work in our favor... they did and they continue to. We only added about 500 square feet to the home, but we feel blessed because the space is so much more livable. There are still a few loose ends to finish up, such as painting windowsills and cleaning the brick on the original portion of the house. But we're here to stay, so I guess there's no rush."

"Roy was such a good neighbor to us and our kids adored him. I hope that our remodel would have made him proud. He loved this neighborhood as well, so I know he would have been happy to hear how "closely" we stuck around!"



Councilman Doug Emery (left), asks question of Lincoln Fire Chief John Huff at October WNA meeting.

Fire Station #9 To Remain Open

A collective sigh of relief could be felt coursing through the audience as they learned that in all probability, Station 9 will not close in the foreseeable future.

Lincoln Fire Chief John Huff and Battalion Chief Eric Jones addressed the Station 9 closure issue during the WNA October 4th membership meeting. They revealed that the current availability of only 6 ambulances is not enough to serve Lincoln properly. A seventh ambulance should be purchased, and placed at Station 9, leaving Engine 9 available for a new Fire Station to be built on 84th St. WNA members were pleased that medical response time will remain at current levels.

Another topic discussed at the meeting was the ability of first responders to know critical information about the person/residence before their arrival. Illnesses, mobility issues, oxygen use, structure issues, etc., are currently available only if the 911 caller conveys that information. Chief Eric Jones said that systems to "pre-load" that information are currently being studied by LF&R.

SUPER SAVER
48th & O St.

Love Coupons? visit www.Super-Saver.com
for Great Savings with Web Coupons

Snip & Super Save!



Super Saver Deli
Rotisserie Chicken

\$4.48

with additional \$10 purchase

PLU
699

Limit one per coupon per person — Expires January 31, 2013

Store Phone
402-464-8552

Pharmacy
Direct Line
402-464-8822

We Sell

For LESS!

Good at 48th & O location Only

Witherbee Park Celebrated with Grand Opening, Sc

By Jackie Varicak

Witherbee Park was celebrated with a grand opening event which was held in the late afternoon of August 26th. Many neighbors gathered to honor all the volunteers and benefactors that provided amenities to the park. Witherbee Neighborhood Association President Fred Freytag led a dedication of the park and its new mother and child sculpture and poem. City Councilmen Doug Emery and Carl Eskridge made remarks. They were proud to see neighbors and local businesses collaborating with the City of Lincoln Parks and Recreation Department to develop the park into a place for people to gather and enjoy.

Special honorees in attendance included; business owner Tony Marquez of TMCO, a local manufacturing

Flower Patch Mystery Solved

By Larry Frisch

We summer motorists on O St. were delighted and amazed as we noticed a thriving flower patch at Witherbee Park, (46th and O). With hot, dry weather, how could flowers flourish here? Was this a mirage? Were they plastic? No! As the days and weeks passed, we were astonished to see more growth and color, even as we saw our own gardens and lawns sink into a disheveled heap of brown.

On close inspection, we could see weeding was taking place, but no water source. The park grass was regularly cut, courtesy of FM Lawncare, showcasing the flower patch even more.

How did this little patch of Eden come to be? And what small army was responsible? All attempts to discern those responsible were stymied until September, when the culpable party was "caught" on camera.

It was all the work of Cheri Sharp, who commissioned herself to plant and care for the little oasis. It was she, who dug up the ground and planted/tended the flowers. It was she, who carried countless buckets of water from her home, over a block away, to thwart the summer drought.

We thank you, Cheri, for brightening our summer. You are another example of concerned individuals who see a need, and then act because they "care".



Cheri Sharp is "caught" tending her flower bed.



Many residents gathered to dedicate t

company, who donated park benches, a picnic table, and the sculpture materials and construction; artist Emily Broderson, who designed the sculpture; City of Lincoln Parks and Recreation Department Director Lynn Johnson, who was key in helping WNA receive the Lincoln Cares grant and other grants needed to develop the park; and neighbor Cheri Sharp who spontaneously planted a flower garden on the O Street side of the park. (See story this page).

Many Witherbee Neighborhood Association board members and volunteers pitched in to set up for the event, cook and serve hot dogs, make and serve slushies, slice and serve watermelon, and set out games to play.

Several children spent time atop the rock climbing boulder play feature, and enjoyed going back for second and third helpings of watermelon. They also took part in

Edward Jones[®] Making Sense of Investing



Debra J. Zimmer, AAMS[®]
Financial Advisor

3031 "O" Street, Suite 106
Lincoln, NE 68510

Ph. 402-476-2266 • 800-497-4310
Fax 888-361-9101

debra.zimmer@edwardjones.com
www.edwardjones.com

Sculpture Dedication



the park and sculpture on August 26th.

the watermelon seed spitting contest.

A big thank you goes out to Fred Freytag and FM Lawn Care who were key leaders in the development and continuing upkeep of the Park. Fred also donated all the watermelons. Perkins Restaurant deserves a big thank you for the donation of the hot dogs, buns and condiments.

The Witherbee Neighborhood Association thanks every volunteer who has been involved in the park and for providing for this event.

Witherbee Park proves to be a great place to gather and have a picnic for many people, and has become a great "walk-to" park for area residents.



Artist Emily Broderson, who designed the sculpture, stands with Tony Marquez, co-owner of TMCO, who donated the sculpture.



July Yard of the Month

By Jeff Worrall

A July drive through the neighborhood, led us to an interesting flower garden in the corner nook of a front yard at 200 South 50th. We stopped and chatted with the owners, Lorenzo and Mary Jones. They moved to the neighborhood just a few years ago. The garden has grown from just a few plant starts. The couple has slowly added different flowers, plants, garden statues, and bird houses all at little to no cost. They even found large lava rocks, for free on Craig's list. This entire garden was created by sharing and recycling. They have done a great job! Mary says that they try to make the garden beautiful and memorable with the help of starts from friends, and neighbor's gardens. It's a great way to create a memory, and also make a new friend. Congratulations goes to the Joneses.



Your Witherbee
Family Restaurant

Coupon

\$5.00 OFF

Two adult entrees with two beverages.

Redeemable at 48th and 'O' only

Limit one coupon per meal — Expires February 1, 2013

Prompt
Courteous



Friendly
Service

121 No. 48th
Lincoln, NE 68594

402-467-2674

Free Wireless Internet

OPEN
Mon. - Sun.

Rehab Couple Is Proven Unstoppable With Help From Tabitha

By Erica Balm

Hobarth “Hobie” Boswell may have come to Tabitha in a wheelchair, but the Boston-bred, retired firefighter with tattooed arms and a belly laugh to rival Santa himself didn’t let it dampen his spirits. Recovering from hospitalization following a stroke, Hobie let his nurses know right off the bat that he’d be walking out soon, on his own two legs.

“He told us, on the very first day as I recall, that he would do whatever it would take to walk again—no cane, just Hobie,” said Samantha Hoffman, Tabitha’s director of rehabilitation services. “Physically, we knew it was a huge goal, but Hobie’s determination was unstoppable.”

Working with a team of Tabitha’s physical, occupational and speech therapists, and supported by his wife, Nelda, who was present at nearly every therapy session, Hobie spent long hours in the gym bending, stretching and outright muscling his way toward fulfilling his own prediction.

“It was a personal challenge for me, but it was also a team effort,” Hobie Boswell said. “The care was incredible; I absolutely fell in love with Tabitha. The staff made a point to get to know me as a person, not just as a patient. Marilyn, my nurse, would always bring me a second cup of coffee because she knew I liked it so well. That’s the kind of personal touch I don’t think a person could get anywhere else.”

Thanks to the expert support and compassionate encouragement of his therapy team, and after days and weeks of consistent, hard work, Hobie did achieve his goal and returned home after walking unassisted out of his final therapy session.

Not long after, it was Hobie’s turn to support Nelda, who underwent total hip and knee replacement, and faced an extensive therapy program to return to her former level of function. The couple again turned to Tabitha for rehabilitation support, where Nelda, too, succeeded in accomplishing her goals.

“Helping our clients return to their own homes, able to live independently and fully, is the ultimate standard of our work,” Hoffman said. “Hobie and Nelda are an extraordinary example of Tabitha’s customized, client-focused rehabilitation programs that help every individual at every stage of recovery achieve their goals.”

As a nonprofit organization serving 28 Nebraska counties, Tabitha’s love embraces a society where everyone is valued and empowered to live life to the fullest, with compassionate at-home support, innovative living communities, exceptional rehabilitation, health care and hospice services.



Ice Cream Social and Swim

By Jackie Varicak

Friday evening, August 3rd was a great night for the sixth annual Witherbee Neighborhood Association Swim Party and Ice Cream Social which took place at the Woods Park Swimming Pool and Tennis Complex located at 33rd & J Streets.

The evening was kicked off over in the shady spot just outside the Tennis Center where many enjoyed a couple scoops of ice cream while visiting with friends and neighbors. There was plenty of ice cream and bottled water to last the entire evening provided by Super Saver. The atmosphere and music performed by Gabe Nelson was a hit for the first hour of the event.

Chalk drawing, a bean bag game, a ring toss game, fishing games, a cardboard house to color on, and bubble blowing out of bottles shaped like ice cream cones,

Auto | Home | Life



Melissa Wheeler ChFC
83rd and O Street
Lincoln, NE
402-484-0303
agentmelissawheeler.com

Call today to see how I make insurance simple and can help you protect what matters most.


FARM BUREAU FINANCIAL SERVICES
Insurance • Investments

Securities & services offered through FBL Marketing Services, LLC*, 5400 University Ave., West Des Moines, IA 50266, 877/860-2904, Member SIPC. Farm Bureau Property & Casualty Insurance Company**, Western Agricultural Insurance Company**, Farm Bureau Life Insurance Company**/West Des Moines, IA. *Affiliates **Company providers of Farm Bureau Financial Services PC026-NErr-1 (2-12)



Sept. Yard of the Month

By Jeff Worrall

The home of Carole Murphy, 701 So 53rd, was the September yard of the month. Immaculately trimmed bushes line the flower bed, brimming with multi-colored impatient flowers. A variety of hosta plants are under a large shade tree and the yard is outlined with flower beds. A small garden table and chairs sit across the front patio, making it a place to sit, relax, and enjoy the yard. Congratulations Carole Murphy!

Party was Another Success!

all provided by Walgreen's, gave the kids a variety of activities to engage in. The tennis courts were open for those wishing to hit around some balls which kept many attendees delightfully occupied. Tennis center pros were on hand to feed balls and offer advice.

New attractions to this year's event were a fire truck and police car that the City of Lincoln Fire and Rescue, and Police Departments generously provided out in the parking lot for people to learn about and explore.

The pool opened up for free beginning at 8:00 p.m. until 9:30 p.m. and was filled up by neighbors who came to enjoy a swim.

A big thank you goes out to all dues paying members of the WNA along with event sponsors, Super Saver, Walgreens and Woods Tennis who made the event possible. Thank you to the Police and Fire Personnel who took the time to come out and visit with our neighbors. Also to all the volunteers that worked to put this event together THANK YOU, on behalf of all neighbors, families, and friends who attended!!



Your Neighborhood
**Hospital-to-Home
 Transition
 Specialists**

Do not let a surgery, illness, or injury keep you from living your life. Our dedicated team of physical, occupational, respiratory, and speech therapists will work to get you back to living your life, as you do it best.

Visit **AmbHealthSys.com** or call **402.488.2355** to experience *The Art of Caring* today.





**Your Neighborhood Store
 Located at 33rd & A Street**

We are open 7 days a week, our hours are:
Sunday
 8 a.m. - 10 p.m.
Monday - Saturday
 7 a.m. - 10 p.m.

We accept Visa, MC, Discover, and EBT.
402-477-3633

A STREET MARKET

We are a full service grocery store, providing Fresh Cut Meats and Produce! We pride ourselves on our customer service, and we also Deliver.

Our Sale Ad starts on Wednesdays, and can be found in Local Values section of Journal Star.

A Neighborhood Treasure: Down Under Pottery

By Jackie Varicak

I'd venture to say that most Lincolniters have passed by the stately brick/stucco home located on the Northeast corner of 33rd and Randolph, but few know the treasure and history that resides there.

Kathleen Grossman, owner of Down Under Pottery, and her husband Bill Biegert, a pharmacist, purchased the home from the Catholic Church about 15 years ago so Kathleen could open up an art studio. Kathleen said the 96 year old home had been owned by the Church for about 40 years. She said the Catholic Bishop resided there for 18 years, unassigned priests had lived there a number of years, as well as sisters from South America who were here to be liaisons to Spanish speaking people.

Since the couple and their three children have lived in the home they have redone all of the rooms. They set up a pottery studio in the basement of the home where Kathleen holds ceramics classes on a weekly basis and where she makes her own pieces. They paved a parking lot on the North side of the home and opened a sales floor on the main level next to the parking lot. And for the past ten years they have passionately and generously served the community from their home and business.

Kathleen says that the primary fund-raiser for the Food Bank of Lincoln is the "Empty Bowl Luncheon" where she and a handful of others provide 800-1000 soup bowls each year to those who purchase \$25.00 tickets to attend. This year was the tenth year of the event which always occurs the Tuesday after Memorial Day and since then over a half a million dollars have been raised for the Food Bank. All of the proceeds stay here in Lincoln with the local community. Kathleen makes the majority of the bowls herself and she says she makes them year around.

While Kathleen makes the majority of the bowls for the event she has 6-8 others pitch in each year to help her make the bowls. This year was a special year because one of her dear friends who she described as a delightful sweet person, and a regular potter at the studio, decided it would be the year to help her make bowls for the fund-raiser. So in January, February and March the dear friend named Lynn, went to work making bowls. In April she was diagnosed with cancer and in August she passed away. Kathleen says the bowl making turned out to be a wonderful legacy for the 54 year old woman who had been making pottery for years and in her last months focused on making bowls to raise funds for those in need.

Kathleen has a bachelor degree in ceramics and psychology and a masters degree in fine arts for drawing and painting. These degrees have all been very complimentary as Kathleen points out, "Pottery making is great for mental health therapy and physical therapy. It has helped stroke victims and people with weakness issues improve." Kathleen has held a booth for the past two years for the "Streets Alive" event because her pottery classes have been good for the health of the people who come to the studio and create. Kathleen points out the majority of people are not artists but they find their creative voice here. She says her



Kathleen demonstrates pottery making at Streets Alive event. Left to right, Ward & Carole Curry, Kathleen Grossman, and Kristen Cass.

Saturday morning classes are her "social services group." The Saturday group is a hard group to get into because the people there sign up over and over again to come and talk while working on their pottery pieces.

I asked Kathleen if she has had any success stories with students learning the art and going on to do business with their talent and skill at pottery making. She said yes, most recently one of her students, Chandra DeBuse, who used to live here in the neighborhood but now lives in Kansas City and has a masters degree in pottery, has exploded onto the national scene in the art of pottery. Chandra was voted as the 2012 top emerging artist in the country for both Ceramics Monthly Magazine and at the National Conference for Educators of Ceramic Arts Convention. Kathleen says there are a handful of others who have gone on to have successful pottery making careers. You can check out Chandra DeBuse's work at the Down Under Pottery website: www.downunderpottery.com.

Down Under Pottery holds a sale twice a year for students to sell their wares. These sales occur the first weekends in May and December. Classes are offered year around. For more information on this treasure in our neighborhood where you can go to for your physical or mental health, where you can get involved and support our community, or where you can go shopping, go to www.downunderpottery.com, or call Kathleen at 402-477-7655

PEOPLES
Choice
Federal Credit Union

Free Checking • Visa® Debit Cards • Online Account Access
Bill Pay • Competitive Loan Rates • Share Certificates

NCUA LENDER

2500 "N" Street
Lincoln, NE 68510 402-475-7059 6700 S. 70th Street
Lincoln, NE 68516

Spirit of America Federal Credit Union Celebrates 80 Years of Serving Their Members!

Wetherbee Neighborhood's "not for profit financial cooperative" Spirit of America FCU received a state charter as a Government Employees Financial Cooperative and began serving the Federal employees and their families on June 7, 1932. Created from the philosophy of "People Helping People", they began when twelve individuals pooled their money together to assist Lincoln Veteran Administration employees who were forced to take leave for 30 days without pay. They offered a \$50 personal loan to the VA employees to help cover their expenses, asking that they pay a little back each month.

When this emergency, resulting from the Great Depression, was over the group who had pooled their money to help others decided not to break up their financial cooperative. Instead they pledged to purchase \$10 more each month in shares to meet the borrowing needs of their co-workers suffering from difficult financial times.

Word spread about this new financial institution that was member owned and controlled by a volunteer Board of Directors elected by the membership. The Military and Postal Employees headquartered in Lincoln Nebraska were added to the field of membership, as were contract employees of the Federal Government and those who worked on Federal property.

The Credit Union began as a State Chartered Cooperative in 1932. When Nebraska approved and offered a charter in 1942 for credit unions, the Board of Directors applied for and received a state charter as Government Employees Credit Union. In 2004 the Directors determined that a Federal charter would be beneficial for the membership and the financial cooperative became Spirit of America Federal Credit Union. The Credit Union is federally insured by the National Credit Union Share Insurance Fund (NCUSIF) an agency of the Federal Government.

Spirit of America over the last 80 years has remained true to the original vision of "people helping people", "service before profits" and serving the same field of membership. There are many benefits in joining the Credit Union including lower loan rates; low or no fee services; over 28,000 free ATMs and over 4,600 branch locations; free internet and mobile banking including Money Desktop (an electronic money management and budgeting program); and much more! The dedicated ten employees have over 140 years of combined employment making them very knowledgeable and able to give the best service possible.

Spirit of America Federal Credit Union is a part of the Children's Miracle Network whose mission is to save the lives of children by raising funds and awareness of their medical needs. Currently the Credit Union staff and volunteers are raising funds to purchase a child-friendly ambulance for the Children's Hospital and Medical Center in Omaha.



The Spirit of America staff is pictured with bags of items collected and donated for the Garage Sale the third week of October, during International Credit Union Day. Pictured from left to right, front row are Ryan Riley, Cheryl Wiemer, Becca Salomons, Beth Miller and Kim Garringer. Back row, Dannielle Click, Carol Lyons, Joan Gocke, Jamie Meister and Rhonda Litt.

MIDTOWN LINCOLN

5010 "O" STREET

HyVee® Pharmacy

402.465.0413

8 a.m. to 10 p.m. M-F
9 a.m. to 6 p.m. Sat
10 a.m. to 6 p.m. Sun

- Drive Thru
- Free Delivery
- Flu Vaccinations



\$4

OR

\$10

30-day

90-day

Convenience, Care and Counseling.

Ask your Lincoln Hy-Vee pharmacist or your physician if your medication is available in generic form. Go to hy-veepharmacy.com for a complete list. Some restrictions may apply. Not applicable with all insurance plans.

Transferring prescriptions has never been so easy. Just visit or call your Lincoln Hy-Vee Pharmacy and we will do all the work!

HyVee® Pharmacy

Witherbee Residents Enjoyed Streets Alive

By Jackie Varicak

September 8th was a beautiful sunny fall day, perfect for an afternoon of walking, bike riding, and chalk drawing in the middle of a route of closed off streets that bordered the edge of our boundaries.

The Witherbee Neighborhood Association set up a canopy under a shade tree next to the parking lot of Redeemer Lutheran Church near 33rd and L St. A table and chairs for WNA representatives was set inside the canopy to greet those strolling along the route. WNA display boards featuring pictures of many of our activities drew people to take a look at the energy of our neighborhood. A popular cardboard house was set in the middle of the street so kids, big and small, could stop and color it with markers that were provided. Some of those kids went in the house and didn't want to come out! Children also stopped to try their luck at bean bag and ring toss games that were available for them to play and they had fun drawing in the



WNA booth was busy all afternoon.

middle of the street with chalk. A table with bubbles was set up next to the canopy for them to blow as well.

Many people made positive comments that they really enjoyed the whole Streets Alive event and one family commented that the Witherbee Neighborhood Association stop was their favorite.

WNA hopes this event becomes an annual tradition and that the route will again border our boundary so we can continue providing another great place for people to stop by and get to know their neighbors while engaging in a healthy activity.



August Yard of the Month

By Jeff Worrall

In the midst of the severe temperatures of the summer, we came across a beautiful yard. 415 South 42nd, is the home of Ryan and Heather Bernt, and their boys. The day we stopped to visit, the family was getting ready for a large barbecue. We were invited to see their back yard, which was as impressive as the front. Heather said that her husband had learned about plants and gotten his green thumb from his father, who creates lily hybrids, two of which are named for their children, Taylor and Easton. Congratulations to the Bernt family!

2012 Witherbee Garage Sales


By Jeff Worrall

This is the first year that volunteer Patty (Kreifels) and I have chaired the garage sale event. We got off to a slow start, but ended up with an amazing turnout. We had a total of 35 sales for the community to enjoy bargain hunting! With signs/flyers posted, advertising in online calendars, face book, the Witherbee web site, and a local newspaper ad, the event was a success. A big thank you to everyone who participated.

Where can you
turn when you
have

questions

| about Elder
care?



TABITHA

Your answer for Elder Care

402.486.8520 | WWW.TABITHA.ORG

11_0415_AD(WitherbeeBz)_TAB

WNA Calendar

Membership not required for any meeting.

Monday Evenings — 6 p.m. to 7 p.m. “Our Street” on KZUM 89.3. Shawn Ryba and Lynn Fisher focus on issues facing Lincoln neighborhoods. New program will air each Monday.

Thursday, Nov. 1 — 6 a.m. Tabitha Opens Gym Membership (see page 1), (WNA members, ages 55+) 48th & J, Club 4, Fourth Floor, Call Angie Cardwell, 402-486-8537

Thursday, Nov. 8th — 6 to 8 p.m., WNA Annual meeting, Election of Board Members, Food, Games... (see page 1). Tabitha Johnson conference room, lower level, 48th and J Sts.

Thursday, Nov. 22nd — Happy Thanksgiving!

Thursday, Dec. 6th — 7 to 9 p.m. WNA monthly meeting, Strategic Planning Meeting. (see page 3). Tabitha LifeQuest Center conference room, 48th and J.

Friday-Sat, Dec. 7-8 — Down Under Pottery Holiday Sale - 33rd and Randolph.
Friday: 10 a.m. - 8 p.m. — (wine & cheese 5-8 p.m.)
Saturday: 10 a.m. - 5 p.m.

Third Week in December — Witherbee Holiday Lighting Contest. Judges will drive around to consider nominations.

Monday, Dec. 24 thru Sunday January 6th — Lincoln Public Schools Holiday Break

Thursday, Jan. 3rd — 7-9 p.m. WNA monthly meeting, Featuring Police Officer Erin Spilker (see page 3) Tabitha LifeQuest Center conference room 48th & J Sts.

Hazardous Collections Schedule — Contact Dan King at 402-441-8084.



October Yard of the Month

By Jeff Worrall

Just down the street, one of my own neighbors at 4011 Witherbee Ave. proudly bears the yard of the month for October. We have seen this house go from drab to fab in just a short time as the property has been renovated. Jordan Jensen who is currently renting the property has been busy doing upgrades in the yard as well. He has worked hard adding decorative bricks, mulch, and flowers. Currently the yard is decked out for the Cornhusker football season! You will find red and white mums, cornstalks, pumpkins, and of course Herbie Husker! It's refreshing to know a tenant who takes pride in his yard. Congratulations Jordan!

Strong Community Foundation
Integrity, Strength, Trust

Deposits Mortgage Commercial Cash
Lending Lending Management

Since 1968, West Gate Bank has provided a strong foundation for our customers to achieve their dreams.

Experience the West Gate Bank difference. Our local ownership, commitment to community reinvestment and outstanding customer service truly sets us apart.

Visit our Midtown Branch at 4955 O Street or call 402-434-3452.

Lincoln's Bank | westgatebank.com

WG
WEST GATE BANK
member FDIC

327-0705

Hours:
M.-F. 8-6
Sat. 8-12

Jeff Jacobson, DVM
4145 "O" Street
Visit our website for useful information about your family pet. We Care.
www.jacobsonvet.com

WNA Needs You!

Please take a few minutes to think about what our neighborhood association provides:

- Information about neighborhood and community issues
- Opportunities to socialize and get to know your neighbors
- A mechanism through which to voice concerns about neighborhood matters
- A platform for taking action to improve our community
- And more

These wonderful benefits would not be possible without the strength in numbers that our paid membership implies. We can boast one of the largest, if not the largest, membership lists in Lincoln. We have phenomenal turn-out at some of our popular events like the free swim and ice cream social and Annual Meeting. We've made a positive name for ourselves among local policy-makers and other neighborhood associations. A sincere thank you to all our paid members.

But there is also a lot that goes on behind the scenes of activities like the newsletter and swim party. Our successes are also owed to the people-power of our board and project chairs – the individuals who choose to commit a few hours of their time each month to get these valuable projects done. And our organization needs a regular infusion of fresh people to stay viable.

There are more than 1800 residences within the boundaries of Witherbee, most of which contain families or living groups of two or more. That is a lot of people

in our little corner of Lincoln. Just think of what we could accomplish if every one of those people took just a couple hours of their time each year to give back to our community.

Maybe you've been actively involved in WNA in past years but needed to take a break. Could you give of yourself again soon? Perhaps you've been a paying member for a while and are now ready to give a little of your time to a project or two. Now is a great time to become just a little more involved. Whether you can give a few hours a month or a couple hours this year, we thrive on the contributions of everyone.

At our Annual Meeting we will vote for a new slate of board members. If you are interested in learning more about what is involved in being on the board, or know someone who might be a good candidate, please attend our next monthly meeting or contact Fred Freytag at 402-430-6658 or Mike Kreikemeier at 402-477-9194, or other board members listed on page 2.

Don't sit back and hope your neighbor is the one who steps forward. Everyone has a talent, skill, idea or perspective that would be an important contribution to our association. There are many jobs, large and small, that we could use your help with. And if there isn't anything currently that strikes your interest, WNA can be the platform for you to start a new project or tradition. We need you to continue to make our neighborhood the best community it can be. Please attend a meeting or contact a board member today to get more involved.

New memberships received after July 1st will entitle membership status for balance of current year, and entire following year.

You are invited to be a member of the Witherbee Neighborhood Association

Name: _____

Address: _____

City, St.: _____

Zip Code: _____

Phone: _____

E-mail: _____

Membership Categories:

- ___ Single\$10.00
- ___ Family\$15.00
- ___ Senior Family\$10.00
- ___ Additional Household Member \$ 5.00
- ___ Sponsor\$35.00
- ___ Benefactor\$50.00 & up
- ___ Business\$40.00

Contributions: Donations to WNA of \$35.00 or more will receive a **tax deductible receipt.**)

Please indicate your areas of interest and mail to Witherbee Neighborhood Assn, P.O. Box 5431, Lincoln, NE 68505

- | | | |
|---|--|---|
| <input type="checkbox"/> Serving on the board | <input type="checkbox"/> Newsletter writing/photography | <input type="checkbox"/> Neighborhood Watch |
| <input type="checkbox"/> Witherbee Connect | <input type="checkbox"/> Newsletter production | <input type="checkbox"/> Bryan/Hawthorne School |
| <input type="checkbox"/> Distributing newsletters | <input type="checkbox"/> Web pages | <input type="checkbox"/> Other (describe below) |
| <input type="checkbox"/> Neighborhood Cleanup | <input type="checkbox"/> Acquire meeting speakers | _____ |
| <input type="checkbox"/> Organizing garage sales | <input type="checkbox"/> Annual Meeting | _____ |
| <input type="checkbox"/> Holiday Lights contest | <input type="checkbox"/> Boosting home ownership project | _____ |
| <input type="checkbox"/> Pool Party & Socials | <input type="checkbox"/> Witherbee Park | _____ |